

# 41<sup>st</sup> International Trampoline Friendship Cup 2013 (Olympic Hopefuls Competition)



## W O R K P L A N



## 1. Competition Venue

City Sports Hall Jablonec nad Nisou, U Přebrady 4747/20, 466 02 Jablonec nad Nisou, Czech Republic, Tel. (+ 420) 483 368 740, website : [www.sportjablonec.cz](http://www.sportjablonec.cz)

## 2. Accommodation

Hotel Břízky\*\*\*+, Průběžná 22, 466 04 Jablonec nad Nisou, Czech Republic  
Tel.: (+420) 483 737 240, Fax: (+420) 483 317 256, e-mail: [hotel@brizky.cz](mailto:hotel@brizky.cz)  
Website: [www.brizky.cz](http://www.brizky.cz)

Hotel Merkur \*\*\*, Anenské náměstí 8, 466 01 Jablonec nad Nisou, Czech Republic  
Tel.: (+420) 483 312 741, Fax: (+420) 483 311 971, e-mail: [recepce@hotelmerkur.cz](mailto:recepce@hotelmerkur.cz)  
Website: [www.hotelmerkur.cz](http://www.hotelmerkur.cz)

Student hostel SOŠ, Smetanova 66, 466 01 Jablonec nad Nisou, Czech Republic  
Entrance from Pod Skalkou street  
Tel.: (+420) 483 443 111

The shuttle / bus service connecting the hotels Břízky and Merkur and Sports Hall Jablonec will operate on Friday 18 October 2013 and on Saturday 19 October 2013 (see the timetable in the separate paragraph). Priority for Package A & B.

## 3. Accreditation

The Accreditation Office will be open on Friday 18 October 2013 in :

- Sports Hall Jablonec nad Nisou, U Přebrady 4747/20, Jablonec nad Nisou 16.00-20.30
- Hotel Merkur \*\*\*, Anenské náměstí 8, Jablonec nad Nisou 21.00 and later

## 4. FIG licences and brevets

All gymnasts and judges must have a valid FIG licence / brevet.

## 5. Insurance

The Organising Committee, the Czech Gymnastic Federation and the FIG can not be held responsible for any liabilities in the case of accidents, illness and the like. Therefore, all competitors and officials must make their own arrangements for an appropriate insurance (health, accident, etc.). (The FIG licence for gymnasts and FIG brevet for judges includes the insurance - see the FIG Licence Rules, § 7 Insurance and Insurance terms for Athletes and Judges on FIG Intranet).

## 6. Information Meeting

Brief Information Meeting will be organised for the Heads of Delegations + max. 1 other official per delegation in the Sports Hall on Saturday 19 October 2013 at 09.30 hrs.

## 7. Dinner Party

The Dinner Party and Disco will take place on Saturday, 20th October 2012 at 21:00-02:00 hours in the Eurocentrum Jablonec nad Nisou, Jiráskova 7, 466 01 Jablonec nad Nisou, Czech Republic ([www.eurocentrumjablonec.cz](http://www.eurocentrumjablonec.cz)). Casual clothing accepted.

Dinner Party and Disco is included into the accommodation Packages A, B & C. The participants will receive two tickets for soft drink, wine, beer or coffee. The consumption of alcoholic beverages is prohibited until 18 years of age by the Czech law.

Limited number additional Bunk tickets can be bought by the participants who did not book the official accommodation package A, B or C for EUR 28,- per person.

### 8. Meals (Package A & B only)

Dinner on Friday 18 October 2013	19.30-22.00	Hotel Merkur
	20.30-21.30	Hotel Břízky
Lunch on Saturday 19 October 2013	11.30-14.00	Sports Hall restaurant

Dinner and Lunch tickets are obligatory.

### 9. Equipment

4x Eurotramp Trampolines with 4x4 mm beds, 2 for male (individual & synchro) + 2 for female (individual & synchro) competitions. Acrosport TMD (Time and Synchro Measurement Device) will be used.

### 10. Training Schedule and General Warm-up

Friday 18 October 2013  
15.00 - 21.00 - free training

Saturday 19 October 2013  
08.30 - 09.20 - youth & juniors  
13.00 - 13.50 - seniors  
16.20 - 16.50 - finalists

### 11. Judges Trial Scoring

Judges Trial scoring will be organised on Saturday 19 October 2013 at 10.00 hrs. All judges are invited to participate in the trials.

### 12. Competition Cards and Athletes' Profiles

The competition cards and Athletes' Profiles have to be handed over in the Sports Hall (Competition Secretary desk) on Friday 18 October 2013 until 20.30 hrs.

### 13. Competition Schedule

Saturday 19 October 2013

10.30 - 13.00 Qualifying Round Youth & Juniors

- 10.30 - 11.10 Individual Youth Girls & Boys Gr.1
- 11.10 - 11.45 Individual Youth Boys Gr.2
- 11.45 - 12.20 Individual Junior Girls & Boys Gr.1
- 12.20 - 12.55 Individual Junior Girls & Boys Gr.2

14.00 - 16.20 Qualifying Round Seniors & Synchro

- 14.00 - 14.40 Individual Senior Ladies & Men Gr.1
- 14.40 - 15.20 Individual Senior Ladies & Men Gr.2
- 15.20 - 15.50 Synchronised Junior Girls & Boys
- 15.50 - 16.20 Synchronised Senior Ladies & Men

17.00 - 19.50 Finals

- 17.00 - 17.15 Opening ceremony (track suite)
- 17.15 - 17.35 Individual Youth Girls & Boys
- 17.35 - 18.00 Individual Junior Girls & Boys

- 18.00 - 18.25 Individual Senior Ladies & Men
- 18.25 - 18.45 Synchronised Junior Girls & Boys
- 18.45 - 19.05 Synchronised Senior Ladies & Men
- 19.05 - 19.45 Winner ceremony (medalists only, competition attire)

The times can subject to changes according the course of competition. One max. 30 seconds warm-up per competitor / pair prior Qualifying Round and prior Finals.

#### **14. Starting order**

The starting order has been decided by draw provided by scoring program. The starting order is published in separate document.

#### **15. Competition Rules**

Valid FIG Trampoline Code of Points, Time of Flight, FIG tie-break rules for Qualifying Round and FIG requirements for first routine will be applied.

Eight (8) finalists (6 finalists if 7-8 participants, 4 finalists if 5-6 participants, 3 finalists if 3-4 participants in category). In addition, the host CZE federation is allowed one gymnast / pair in any competition / category in case if it is not represented at respective final.

Finals will start from zero. In finals IOC tie-break rules for individual competition will be applied, in synchronised competition the pair with 1. higher E-score, 2. higher S-score prevails.

First routines :

- Seniors : requirements for first routine for FIG events (FIG A)
- Juniors & youths : requirements for first routine for Juniors (FIG B) or for WAGC (FIG 11-12, 13-14, 15-16, 17-18) related to the age of participant / to the age of the older synchro partner in synchronised competition.

Difficulty limit per element in junior and youth category as per valid FIG Code of Points and FIG WAGC Rules.

In synchronised senior competitions also the senior / junior age mix pairs are allowed.

#### **16. Ceremonies**

The participants of Opening Ceremony are asked to wear the national / team track suit; the participants of Winners Ceremony (medalists only) have to wear the competition attire.

All countries participating in the Opening Ceremony are asked to appoint one flag-bearer.

Judges are asked to take part in the Opening Ceremony (on their judges seats) as well.

The participants are asked to assemble in the Assembly Area prior Opening / Winner Ceremony.

#### **17. Competition March-In**

The competitors are asked to assemble in the assembly area prior each Competition March In. They have to march-in in the competition attire.

The judges are asked to be on their panel places and welcome the competitors during each Competition March-In.

#### **18. Floor Managers**

2 Floor Managers are appointed to assemble the participants / competitors / pairs, organise the opening ceremony, competition and winner ceremony March-In and organise the competitors / pairs in the competition area.

## 19. Medical Care

The physician will be present during the official training and competition.

## 20. Info Boxes

The Info Boxes will be installed in the Sports Hall near the Competition Secretariat / Judges podium to provide various written information to the delegations.

## 21. Shuttle Service Schedule (priority for Package A & B)

The shuttle / bus service between the hotels Merkur and Břízky and Sports Hall will operate on Friday 18 October 2013 and on Saturday 19 October 2013 :

### Hotel Merkur - Sports Hall - Hotel Břízky / return

Friday						Saturday					
Merkur	14.30	16.30	18.30	19.30	20.30	Merkur	8:05	9:05	11:05		
Venue	14.36	16.36	18.36	19.36	20.36	Venue	8:11	9:11	11:11	19:50	
Břízky	14.41	16.41	18.41	19.41	20.41	Břízky	8:16	9:16	11:16	19:55	
Břízky	14.45	16.45	18.45	19.45	20.45	Břízky	8:20	9:20	11:20		
Venue	14.52	16.52	18.52	19.52	20.52	Venue	8:27	9:27	11:27	20:05	20:20
Merkur	14.59	16.59	18.59	19.59	21.59	Merkur	8:34	9:34	11:34	20:12	20:27

### Hotel Břízky - Eurocentrum / return

From	Břízky	Eurocentrum
	20.50	24.00 02.00

Bus stops : regular public bus stops Jablonec n.N., Lázně (at hotel Merkur), Jablonec n.N., Plavecký bazén (at venue) and Jablonec n.N., Kamenná (at Eurocentrum) and temporary bus stop Jablonec n.N., Břízky (ask in the hotel reception for more information).

## 22. General Program

Friday 18 October 2013			
	all day	Arrivals	
	15.00-21.00	Free Training	Sports Hall
	16.00-20.30	Accreditation	Sports Hall
	-20.30	Competition cards, Profiles	Sports Hall
	21.30-	Accreditation (late arrivals)	Hotel Merkur
	19.30-22.00	Dinner	Hotel Merkur (Package B)
	20.30-21.30	Dinner	Hotel Břízky (Package A)
Saturday 19 October 2013			
	07.00-10.00	Brekfast	Hotel Břízky (Package A)
	07.00-10.00	Breakfast	Hotel Merkur (Package B)
	08.30-10.20	Training (Youth, Juniors)	Sports Hall
	09.30	Information Meeting	Sports Hall
	10.00	Judges Trial Scoring	Sports Hall
	10.30-13.00	Qualifying Round (Youth, Juniors)	Sports Hall
	11.30-14.00	Lunch	Sports Hall (Packages A & B)
	13.00-13.50	Training (Seniors)	Sports Hall
	14.00-16.20	Qualifying Round (Sen., Synchro)	Sports Hall

	16.20-16.50	Training (Finalists)	Sports Hall
	17.00-20.00	Opening Ceremony, Finals, Awards	Sports Hall
	21.00-02.00	Dinner Party & Disco	Eurocentrum
Sunday 20 October 2013			
	07.00-10.00	Breakfast	Hotels (Package A & B)
	morning/all day	Departures	

### **23. TV coverage and Web streaming**

Czech TV will broadcast the highlights from the competition on Saturday 19 October 2013. The broadcasting will be presented on Friday 25 October 2013 at 15.40-16.20 hrs at the ČT4 Sports Canal. The video will be available on the Czech TV website after this presentation.

Czech Gymnastics Federation will provide the web streaming of the competition on the website ČGF - Skoky na trampolíně (<http://trampoliny.cstv.cz/CGFTV.asp>).

The online results will be available on the internet (<http://www.trampolinescore.com>).

### **24. Organising Committee Message**

The Czech Gymnastics Federation, Organising Committee and all supporters and organisers are wishing the success to all participating delegations in the competition and pleasant stay in the city of Jablonec nad Nisou and in the Czech Republic.

### **25. Organising Committee Emergency Numbers :**

(+420) 603 162 453 / (+420) 604 245 971