40th International Trampoline Friendship Cup 2012 (Olympic Hopefuls Competition)



WORK PLAN













1. Competition Venue

City Sports Hall Jablonec nad Nisou, U Přehrady 4747/20, 466 02 Jablonec nad Nisou, Czech Republic, Tel. (+ 420) 483 368 740, website : www.sportjablonec.cz

2. Accommodation

Hotel Břízky***+, Průběžná 22, 466 04 Jablonec nad Nisou, Czech Republic

Tel.: (+420) 483 737 240, Fax: (+420) 483 317 256, e-mail: hotel@brizky.cz

Website: www.brizky.cz

Hotel Merkur ***, Anenské náměstí 8, 466 01 Jablonec nad Nisou, Czech Republic

Tel.: (+420) 483 312 741, Fax: (+420) 483 311 971, e-mail: recepce@hotelmerkur.cz

Website: www.hotelmerkur.cz

Student hostel SOŠ, Smetanova 66, 466 01 Jablonec nad Nisou, Czech Republic

Entrance from Pod Skalkou street

Tel.: (+420) 483 443 111

The shuttle / bus service connecting the hotels Břízky and Merkur and Sports Hall Jablonec will operate on Friday 19 October 2012 and on Saturday 20 October 2012 (see the timetable in the separate paragraph). Priority for Package A & B.

3. Accreditation

The Accreditation Office will be open on Friday 19 October 2012 in :

- Sports Hall Jablonec nad Nisou, U Přehrady 4747/20, Jablonec nad Nisou 15.00-21.00
- Hotel Merkur ***, Anenské náměstí 8, Jablonec nad Nisou

21.30 and later

4. Insurance

The Organising Committee, the Czech Gymnastic Federation and the FIG can not be held responsible for any liabilities in the case of accidents, illness and the like. Therefore, all competitors and officials must make their own arrangements for an appropriate insurance (health, accident, etc.).

5. Information Meeting

Brief Information Meeting will be organised for the Heads of Delegations + max. 1 other official per delegation in the Sports Hall on Saturday 20 October 2012 at 09.00 hrs.

6. Dinner Party

The Dinner Party and Disco will take place on Saturday, 20th October 2012 at 21:30-02:00 hours in the Eurocentrum Jablonec nad Nisou, Jiráskova 7, 466 01 Jablonec nad Nisou, Czech Republic (www.eurocentrumjablonec.cz). Casual clothing accepted.

Dinner Party and Disco is included into the accommodation Packages A, B & C. The participants will receive two tickets for soft drink, wine, beer or coffee. The consumption of alcoholic beverages is prohibited until 18 years of age by the Czech law.

Limited number additional Banket tickets can be bought by the participants who did not book the official accommodation package A, B or C for EUR 30,- per person.

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7. Meals (Package A & B only)

Dinner on Friday 19 October 2012 19.30-22.00 Hotel Merkur 20.30-21.30 Hotel Břízky

Lunch on Saturday 20 October 2012 11.30-14.00 Sports Hall restaurant

Dinner and Lunch tickets are obligatory.

8. Equipment

4x Eurotramp Trampolines with 4x4 mm beds, 2 for male (individual & synchro) + 2 for female (individual & synchro) competitions. Acrosport TMD (Time and Synchro Measurement Device) will be used.

9. Training Schedule and General Warm-up

Friday 29 October 2012

15.00 - 21.00 - free training

Saturday 20 October 2012

08.00 - 09.55 - youth & juniors

13.00 - 13.40 - seniors

16.40 - 16.55 - finalists

10. Judges Trial Scoring

Judges Trial scoring will be organised on Saturday 20 October 2012 at 09.30 hrs. All judges are invited to participate in the trials.

11. Competition Cards and Athletes' Profiles

The competition cards and Athletes' Profiles have to be handed over in the Sports Hall (Competition Secretary desk) on Friday 19 October 2012 until 21.00 hrs.

12. Competition Schedule

Saturday 20 October 2012

10.00 - 13.00 Qualifying Round Youth & Juniors

10.00 - 10.40 Individual Youth Girls & Boys Gr.1

10.40 - 11.15 Individual Youth Girls & Boys Gr.2

11.15 - 11.50 Individual Junior Girls & Boys Gr.1

11.50 - 12.25 Individual Junior Girls & Boys Gr.2

12.25 - 13.00 Individual Junior Boys Gr.3

13.40 - 16.40 Qualifying Round Seniors & Synchro

13.40 - 14.20 Individual Senior Ladies & Men Gr.1

13.40 - 14.20 Individual Senior Ladies & Men Gr.2

15.00 - 15.35 Synchronised Junior Girls & Boys Gr.1

15.35 - 16.10 Synchronised Junior Girls & Boys Gr.2

16.10 - 16.40 Synchronised Senior Ladies & Men

17.00 - 19.50 Finals

17.00 - 17.15 Opening ceremony (track suite)

17.15 - 17.35 Individual Youth Girls & Boys

17.35 - 18.00 Individual Junior Girls & Boys

18.00 - 18.25 Individual Senior Ladies & Men

18.25 - 18.50 Synchronised Junior Girls & Boys

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18.50 - 19.10 Synchronised Senior Ladies & Men19.10 - 19.50 Winner ceremony (medalists only, competition attire)

The times can subject to changes according the course of competition. One max. 30 seconds warm-up per competitor / pair prior Qualifying Round and prior Finals.

13. Starting order

The starting order has been decided by draw provided by scoring program. The starting order is published in separate document.

14. Competition Rules

Valid FIG Trampoline Code of Points, Time of Flight, FIG tie-break rules and FIG requirements for first routine will be applied. Eight (8) finalists (in addition, the host CZE federation is allowed one gymnast / pair in any competition / category in case if it is not represented at respective final).

Finals will start from zero, in the competitions / categories with less then nine (9) participating gymnasts / pairs all three routines will be counted.

First routines:

- <u>Seniors</u>: requirements for first routine for FIG events (FIG A)
- Juniors & youths: requirements for first routine for Juniors (FIG B)

Difficulty limit 1.8 pts per element in junior and youth category as per valid FIG Code of Points.

17 year old gymnasts / pairs can participate either in seniors or in juniors only.

In synchronised senior competitions also the senior / junior age mix pairs are allowed.

15. Ceremonies

The participants of Opening Ceremony are asked to wear the national / team track suit; the participants of Winners Ceremony (medalists only) have to wear the competition attire.

All countries participating in the Opening Ceremony are asked to appoint one flag-bearer.

Judges are asked to take part in the Opening Ceremony (on their judges seats) as well.

The participants are asked to assemble in the Assembly Area prior Opening / Winner Ceremony.

16. Competition March-In

The competitors are asked to assemble in the assembly area prior each Competition March In. They have to march-in in the competition attire.

The judges are asked to be on their panel places and welcome the competitors during each Competition March-In.

17. Floor Managers

2 Floor Managers are appointed to assembly the participants / competitors / pairs, organise the opening ceremony, competition and winner ceremony March-In and organise the competitors / pairs in the competition area.

18. Medical Care

The physician will be present during the official training and competition.

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19. Info Boxes

The Info Boxes will be installed in the Sports Hall near the Competition Secretariat / Judges podium to provide various written information to the delegations.

20. Shuttle Service Schedule (priority for Package A & B)

The shuttle / bus service between the hotels Merkur and Břízky and Sports Hall will operate on Friday 19 October 2012 and on Saturday 20 October 2012 :

Hotel Merkur - Sports Hall - Hotel Břízky / return

Fri	Merkur	14:20	14:50	15:20	15:50	16:20	16:50	17:20	17:50	18:20	18:50
	Venue	14:26	14:56	15:26	15:56	16:26	16:56	17:26	17:56	18:26	18:56
	Břízky	14:31	15:01	15:31	16:01	16:31	17:01	17:31	18:01	18:31	19:01
	Břízky	14:35	15:05	15:35	16:05	16:35	17:05	17:35	18:05	18:35	19:05
	Venue	14:42	15:12	15:42	16:12	16:42	17:12	17:42	18:12	18:42	19:12
	Merkur	14:49	15:19	15:49	16:19	16:49	17:19	17:49	18:19	18:49	19:19
Fri	Merkur	19:20	19:50	20:20	20:50						
	Venue	19:26	19:56	20:26	20:56						
	Břízky	19:31	20:01	20:31	21:01						
	Břízky	19:35	20:05	20:35	21:05						
	Venue	19:42	20:12	20:42	21:12						
	Merkur	19:49	20:19	20:49	21:19						
Sat	Merkur	7:35	8:05	8:35	9:05	9:35	10:05	11:05	12:05	13:05	
	Venue	7:41	8:11	8:41	9:11	9:41	10:11	11:11	12:11	13:11	
	Břízky	7:46	8:16	8:46	9:16	9:46	10:16	11:16	12:16	13:16	
	Břízky	7:50	8:20	8:50	9:20	9:50	10:20	11:20	12:20	13:20	
	Venue	7:57	8:27	8:57	9:27	9:57	10:27	11:27	12:27	13:27	
	Merkur	8:04	8:34	9:04	9:34	10:04	10:34	11:34	12:34	13:34	
Sat	Venue	19:39	19:49	20:09	20:19						
	Břízky	19:44	19:54	20:14	20:24						
	Břízky	19:48	19:58	20:18	20:28						
	Venue	19:55	20:05	20:25	20:35	20:55					
	Merkur	20:02	20:12	20:32	20:42	21:02					

Hotel Břízky - Eurocentrum / return

from	Břízky	Eurocentrum
	21.10	on request up to 02.00

Bus stops: regular public bus stops Jablonec n.N., Lázně (at hotel Merkur), Jablonec n.N., Plavecký bazén (at venue) and Jablonec n.N., Kamenná (at Eurocentrum) and temporary bus stop Jablonec n.N., Břízky (ask in the hotel reception for more information).

21. General Program

Friday 19 October 2012					
	all day	Arrivals			
	15.00-21.00	Accreditation	Sports Hall		
	-21.00	Competition cards, Profiles	Sports Hall		
	21.30-	Accreditation (late arrivals)	Hotel Merkur		
	15.00-21.00	Free Training	Sports Hall		
	19.30-22.00	Dinner	Hotel Merkur (Package B)		

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20.30-21.30	Dinner	Hotel Břízky (Package A)		
Saturday 20 October 2012				
06.45-10.00	Brekfast	Hotel Břízky (Package A)		
06.30-10.00	Breakfast	Hotel Merkur (Package B)		
08.00-09.55	Training (Youth, Juniors)	Sports Hall		
09.00	Information Meeting	Sports Hall		
09.30	Judges Trial Scoring	Sports Hall		
10.00-13.00	Qualifying Round (Youth, Juniors)	Sports Hall		
12.00-14.00	Lunch	Sports Hall (Packages A & B)		
13.00-13.40	Training (Seniors)	Sports Hall		
13.40-16.40	Qualifying Round (Sen., Synchro)	Sports Hall		
15.40-15.55	Training (Finalists)	Sports Hall		
17.00-20.00	Opening Ceremony, Finals, Awards	Sports Hall		
21.30-02.00	Dinner Party & Disco	Eurocentrum		
Sunday 21 October 2012				
07.00-10.00	Breakfast	Hotels (Package A & B)		
morning/all day	Departures			

22. TV coverage and Web streaming

Czech TV will broadcast the highlights from the competition on Saturday 20 October 2012. The broadcasting will be presented on Saturday 27 October 2012 at 12.30-13.10 hrs at the ČT4 Sports Canal. The video will be available on the Czech TV website after this presentation.

Czech Gymnastics Federation will provide the web streaming of the competition on the website ČGF - Skoky na trampolíně (http://trampoliny.cstv.cz/CGFTV.asp).

23. Organising Committee Message

The Czech Gymnastics Federation, Organising Committee and all supporters and organisers are wishing the success to all participating delegations in the competition and pleasant stay in the city of Jablonec nad Nisou and in the Czech Republic.

24. Organising Committee Emmergency Numbes:

(+420) 603 162 453 / (+420) 604 245 971

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