

# 39<sup>th</sup> International Trampoline Friendship Cup 2011 (Olympic Hopefuls Competition)



## W O R K P L A N

Mind please, that there is new floor in the sports hall and that entry to the sports hall floor is allowed in the indoor sports shoes only (please, ask all your participants to respect this).

**EUROTRAMP**<sup>®</sup>



**JIPAST**

## 1. Competition Venue

Sports Hall Kladno, Sportovců 817, Kladno, Czech Republic, Tel. (+ 420) 312 248 984

## 2. Accommodation

Hotel Astra\*\*\*, Srby 184, Tuchlovice, Czech Republic (Package A)

Tel. (+420) 312 657 031. Check out : 10.00 a.m.

Penzion U Zlatého Selátka, Štefánikova 207, Kladno, Czech Republic (Package B)

Tel. (+ 420) 312 264 122. Check out : 10.00 a.m.

The shuttle / bus service connecting the hotel Astra and Sports Hall Kladno will operate on Friday 28 October 2011 and on Saturday 29 October 2011 (see the timetable in the separate paragraph). Priority for Package A.

## 3. Accreditation

The Accreditation Office will be open on Friday 28 October 2011 in :

- Sports Hall Kladno, Sportovců 817, Kladno 15.00-20.30
- Hotel Astra\*\*\*, Srby 184, Tuchlovice 21.00 and later

## 4. Insurance

The Organising Committee, the Czech Gymnastic Federation and the FIG can not be held responsible for any liabilities in the case of accidents, illness and the like. Therefore, all competitors and officials must make their own arrangements for an appropriate insurance (health, accident, etc.).

## 5. Information Meeting

Brief Information Meeting will be organised for the Heads of Delegations + max. 1 other official per delegation in the Sports Hall on Saturday 29 October 2011 at 09.30.

## 6. Dinner Party

The Dinner Party and Disco will be organised in the Hotel Astra restaurants on Saturday 29 October 2011 at 20.30-02.00. Casual dress accepted.

Dinner Party and Disco is included into the accommodation Packages A & B. The participants will receive two tickets for soft drink, wine, beer or coffee. The consumption of alcoholic beverages is prohibited until 18 years of age by the Czech law.

## 7. Meals (Package A only)

Dinner on Friday 28 October 2011 19.30-21.30 Hotel Astra

Dinner ticket is obligatory, water will be provided. Other drinks can be bought in the restarants.

Lunch pack on Saturday 29 October 2011 12.30-13.30 Sports Hall

Sandwiches & fruits & drink pack will be delivered in the Sports Hall. Lunch ticket is obligatory.

## 8. Equipment

4x Eurotramp Trampolines with 4x4 mm beds, 2 for male (individual & synchro) + 2 for female (individual & synchro) competitions. Acrosport TMD (Time and Synchro Measurement Device) will be used.

## 9. Training Schedule and General Warm-up

Friday 28 October 2011

15.00 - 21.00 - free training

Saturday 29 October 2011

08.30 - 10.25 - youth & juniors

12.40 - 13.25 - seniors

15.30 - 15.55 - finalists

## 10. Judges Trial Scoring

Judges Trial scoring will be organised on Saturday 29 October 2011 at 10.00. All judges are invited to participate in the trials.

## 11. Competition Cards and Athletes' Profiles

The competition cards and Athletes' Profiles have to be handed over in the Sports Hall (Competition Secretary desk) on Friday 28 October 2011 until 20.30 hrs.

## 12. Competition Schedule

### Saturday 29 October 2011

10.30 - 12.40 Qualifying Round Youth & Juniors

10.30 - 11.20 Individual Youth Girls & Boys

11.20 - 12.00 Individual Junior Girls & Boys Gr.1

12.00 - 12.40 Individual Junior Girls & Boys Gr.2

13.30 - 15.30 Qualifying Round Seniors & Synchro

13.30 - 14.20 Individual Senior Ladies & Men

14.20 - 15.00 Synchronised Junior Girls & Boys

15.00 - 15.30 Synchronised Senior Ladies & Men

16.00 - 18.50 Finals

16.00 - 16.15 Opening ceremony (in track suite)

16.15 - 16.35 Individual Youth Girls & Boys

16.35 - 17.00 Individual Junior Girls & Boys

17.00 - 17.25 Individual Senior Ladies & Men

17.25 - 17.50 Synchronised Junior Girls & Boys

17.50 - 18.10 Synchronised Senior Ladies & Men

18.10 - 18.50 Winner ceremony (medalists only, competition attire)

The times can subject to changes according the course of competition. One max. 30 seconds warm-up per competitor / pair prior Qualifying Round and prior Finals.

## 13. Starting order

The starting order has been decided by draw provided by scoring program. The starting order is published in separate document.

## **14. Competition Rules**

Valid FIG Trampoline Code of Points, Time of Flight, FIG tie-break rules and FIG requirements for first routine will be applied. Eight (8) finalists (in addition, the host CZE federation is allowed one gymnast / pair in any competition / category in case if it is not represented at respective final).

Finals will start from zero, in the competitions / categories with less than nine (9) participating gymnasts / pairs all three routines will be counted.

First routines :

- Seniors : requirements for first routine for FIG events (FIG A)
- Juniors & youths : requirements for first routine for Juniors (FIG B)

Difficulty limit 1.8 pts per element in junior and youth category as per valid FIG Code of Points.

17 year old gymnasts / pairs can participate either in seniors or in juniors only.

In synchronised senior competitions also the senior / junior age mix pairs are allowed.

## **15. Ceremonies**

The participants of Opening Ceremony are asked to wear the national / team track suit; the participants of Winners Ceremony (medalists only) have to wear the competition attire.

All countries participating in the Opening Ceremony are asked to appoint one flag-bearer.

Judges are asked to take part in the Opening Ceremony as well.

The participants are asked to assemble in the Assembly Area prior Opening / Winner Ceremony.

## **16. Competition March-In**

The competitors are asked to assemble in the assembly area prior each Competition March In. They have to march-in in the competition attire..

The judges are asked to be on their panel places and welcome the competitors during each Competition March-In.

## **17. Floor Managers**

2 Floor Managers are appointed to assemble the participants / competitors / pairs, organise the opening ceremony, competition and winner ceremony March-In and organise the competitors / pairs in the competition area.

## **18. Medical Care**

The physician will be present during the official training and competition.

## **19. Info Boxes**

The Info Boxes will be installed in the Sports Hall near the Competition Secretariat / Judges podium to provide various written information to the delegations.

## **20. Shuttle Service Schedule (priority for Package A)**

The shuttle / bus service between the hotel Astra and Sports Hall will operate on Friday 28 October 2011 and on Saturday 29 October 2011 (departures) :

### Hotel Astra - (Rozdělov) - Sports Hall - (Rozdělov) - Hotel Astra

Fri	Hotel	15.00	15.30	16.00	16.40	17.20	18.00	18.40	19.20	20.00	20.40
	Hall	15.15	15.45	16.20	17.00	17.40	18.20	19.00	19.40	20.20	21.00
Sat	Hotel	08.00	08.30	09.00	09.30	10.00	11.00	11.20	12.00		
	Hall	08.15	08.45	09.15	09.45	10.15	11.20	11.40			
	Hall	19.00	19.30	20.00	20.30						

The bus stop Rozdělov (crossing Rakovnická – Husova) is close to the Penzion U Zlatého selátka. The bus will stop approx. 5 minutes after departure from Hotel Astra on the phone request only.

### 21. General Program

Friday 28 October 2011			
	all day	Arrivals	
	15.00-20.30	Accreditation	Sports Hall
	-20.30	Competition cards, Profiles	Sports Hall
	21.00-	Accreditation (late arrivals)	Hotel Astra
	15.00-21.00	Free Training	Sports Hall
	19.30-21.30	Dinner	Hotel Astra (Package A)
Saturday 29 October 2011			
	07.00-10.00	Breakfast	Hotel Astra (Pack.A)
	08.30-10.25	Training (Youth, Juniors)	Sports Hall
	09.30	Information Meeting	Sports Hall
	10.00	Judges Trial Scoring	Sports Hall
	12.30-13.30	Lunch sandwich pack delivery	Sports Hall (Package A)
	10.30-12.40	Qualifying Round (Youth, Juniors)	Sports Hall
	12.40-13.25	Training (Seniors)	Sports Hall
	13.30-15.30	Qualifying Round (Sen., Synchro)	Sports Hall
	15.30-15.55	Training (Finalists)	Sports Hall
	16.00-19.00	Opening Ceremony, Finals, Awards	Sports Hall
	20.30-02.00	Dinner Party & Disco	Hotel Astra
Sunday 03 October 2010			
	07.00-10.00	Breakfast	Hotel Astra (Pack.A)
	Morning	Departures	

### 22. TV coverage and Web streaming

Czech TV will broadcast the finals on Saturday 29 October 2011. The broadcasting will be presented on Tuesday 01 November 2011 at 14.45-15.10 hrs at the ČT4 Sports Canal. The video will be available on the Czech TV website after this presentation.

Czech Gymnastics Federation will provide the web streaming of the competition on the website ČGF – Skoky na trampolíně (<http://trampoliny.cstv.cz/CGFTV.asp>).

### 23. Organising Committee Message

The Czech Gymnastics Federation, Organising Committee and all supporters and organisers are wishing the success to all participating delegations in the competition and pleasant stay in the city of Kladno and in the Czech Republic.

### 24. Organising Committee Emergency Numbers :

(+420) 603 162 453 / (+420) 606 607 921