



ČESKÁ GYMNASTICKÁ FEDERACE

komise skoků na trampolíně

Zátokova 100/2, P.O.Box 40, 160 17 Praha 6, Česká republika

tel./fax: 257 210 811 e-mail: trampoliny@cstv.cz web: <http://trampoliny.cstv.cz>

42nd Trampoline Friendship Cup 2014

GENERAL PROGRAM

1. General Program

| Friday 26 September 2014 | | | |
|----------------------------|-----------------|-----------------------------------|------------------------------|
| | all day | Arrivals | |
| | 15.00-20.30 | Accreditation | Sports Hall |
| | 15.00-21.00 | Free Training | Sports Hall |
| | -20.30 | Competition cards, Profiles | Sports Hall |
| | 21.30- | Accreditation (late arrivals) | Hotel Merkur |
| | 19.30-22.00 | Dinner | Hotel Merkur (Package B) |
| | 20.30-22.00 | Dinner | Hotel Břízky (Package A) |
| Saturday 27 September 2014 | | | |
| | 06.30-10.00 | Brekfast | Hotel Břízky (Package A) |
| | 06.30-10.00 | Breakfast | Hotel Merkur (Package B) |
| | 08.00-10.10 | Gen.Warm-up (Girls&Boys 11-18) | Sports Hall |
| | 09.30 | Information Meeting | Sports Hall |
| | 09.55 | Judges Trial Scoring | Sports Hall |
| | 10.15-13.10 | Qual.Round (Girls&Boys 11-18 Ind) | Sports Hall |
| | 11.30-14.30 | Lunch | Sports Hall (Packages A & B) |
| | 13.10-14.05 | General Warm-up (Seniors) | Sports Hall |
| | 14.10-15.20 | Qualifying Round (Seniors Indiv.) | Sports Hall |
| | 15.20-16.30 | Qualifying Round (Synchro) | Sports Hall |
| | 16.30-16.55 | General Warm-up (Finalists) | Sports Hall |
| | 17.00-20.10 | Opening Ceremony, Finals, Awards | Sports Hall |
| | 21.30-02.00 | Dinner Party & Disco | Eurocentrum |
| Sunday 28 September 2014 | | | |
| | 07.00-10.00 | Breakfast | Hotels (Package A & B) |
| | morning/all day | Departures | |





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TRAINING & COMPETITION

1. Training Schedule and General Warm-up

Friday 26 September 2014

15.00 - 21.00 - free training

Saturday 27 September 2014

08.00 - 10.10 - General Warm-up Girls & Boys 11-18

13.10 - 14.05 - General Warm-up Seniors

16.30 - 16.55 - General Warm-up Finalists

For synchro warm-up use the free training on Friday please.

2. Competition Schedule

Saturday 27 September 2014

- 10.30 - 13.00 Qualifying Round Girls & Boys 11-18
 - 10.15 - 10.50 Gr.1 Individual Girls & Boys 11-12
 - 10.50 - 11.30 Gr.2 Individual Girls & Boys 13-14
 - 11.30 - 12.05 Gr.3 Individual Girls & Boys 15-16 (1)
 - 12.05 - 12.40 Gr.4 Individual Girls & Boys 15-16 (2) & Boys 17-18 (1)
 - 12.40 - 13.15 Gr.5 Individual Girls & Boys 17-18 (1 / 2)
- 14.10 - 15.10 Qualifying Round Seniors Individual
 - 14.10 - 14.45 Gr.6 Individual Senior Women & Men (1)
 - 14.40 - 15.20 Gr.7 Individual Senior Women & Men (2)
- 15.10 - 16.30 Qualifying Round Synchro
 - 15.20 - 15.55 Synchronised Girls & Boys 11-18
 - 15.55 - 16.30 Synchronised Senior Women & Men
- 17.00 - 20.10 Finals
 - 17.00 - 17.10 *Opening ceremony (track suite)*
 - 17.10 - 17.30 Individual Girls & Boys 11-12
 - 17.30 - 17.50 Individual Girls & Boys 13-14
 - 17.50 - 17.55 *Winner Ceremony Individual Girls & Boys 11-12*
 - 17.55 - 18.15 Individual Girls & Boys 15-16
 - 18.15 - 18.20 *Winner Ceremony Individual Girls & Boys 13-14*
 - 18.20 - 18.40 Individual Girls & Boys 17-18
 - 18.40 - 18.45 *Winner Ceremony Individual Girls & Boys 15-16*
 - 18.45 - 19.05 Individual Senior Women & Men
 - 19.05 - 19.10 *Winner Ceremony Individual Girls & Boys 17-18*
 - 19.10 - 19.30 Synchronised Junior Girls & Boys 11-18
 - 19.30 - 19.35 *Winner Ceremony Individual Senior Women & Men*
 - 19.35 - 19.55 Synchronised Senior Women & Men
 - 19.55 - 20.00 *Winner Ceremony Synchronised Girls & Boys 11-18*
 - 20.00 - 20.10 *Winner Ceremony Synchronised Senior Women & Men*

The times can subject to changes according the course of competition. One max. 30 seconds warm-up per competitor / pair prior Qualifying Round and prior Finals.





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SHUTTLE SERVICES SCHEDULE

(priority for Accommodation Packages A & B)

1. Shuttle Service Schedule (priority for Package A & B)

The shuttle / bus service between the hotels Merkur and Břízky and Sports Hall will operate on Friday 26 October 2014 and on Saturday 27 October 2014 :

Hotel Merkur - Sports Hall - Hotel Břízky / return

| Friday | | | | | | Saturday | | | | | | |
|--------|-------|-------|-------|-------|-------|----------|------|------|------|-------|-------|-------|
| Merkur | 14.30 | 16.30 | 18.30 | 19.30 | 20.30 | Merkur | 7:35 | 8:05 | 9:05 | 11:05 | | |
| Venue | 14.36 | 16.36 | 18.36 | 19.36 | 20.36 | Venue | 7:41 | 8:11 | 9:11 | 11:11 | 20:15 | |
| Břízky | 14.41 | 16.41 | 18.41 | 19.41 | 20.41 | Břízky | 7:46 | 8:16 | 9:16 | 11:16 | 20:20 | |
| Břízky | 14.45 | 16.45 | 18.45 | 19.45 | 20.45 | Břízky | 7:50 | 8:20 | 9:20 | 11:20 | | |
| Venue | 14.52 | 16.52 | 18.52 | 19.52 | 20.52 | Venue | 7:57 | 8:27 | 9:27 | 11:27 | 20:25 | 20:40 |
| Merkur | 14.59 | 16.59 | 18.59 | 19.59 | 21.59 | Merkur | 8:04 | 8:34 | 9:34 | 11:34 | 20:32 | 20:47 |

Hotel Břízky - Eurocentrum / return

| from | Břízky | Eurocentrum | |
|------|--------|-------------|-------|
| | 21.10 | 24.00 | 02.00 |

Bus stops : regular public bus stops Jablonec n.N., Lázně (at hotel Merkur), Jablonec n.N., Plavecký bazén (at venue) and Jablonec n.N., Kamenná (at Eurocentrum) and temporary bus stop Jablonec n.N., Břízky (ask in the hotel reception for more information).

