



# ČESKÁ GYMNASTICKÁ FEDERACE

komise skoků na trampolíně

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## 36<sup>th</sup> Trampoline Friendship Cup 2008

# GENERAL PROGRAM

### 1. General Program

Friday 12 September 2008			
	all day	Arrivals	
	15.00-	Accreditation	Sports Hall until 20.30 Hotel Kladno 21.00 and later
	15.00-21.00	Free Training	Sports Hall
	19.00-21.30	Dinner	Hotel Kladno Café (Package A)
	20.00-21.00	Dinner	Hotel Galerie (Package A)
	21.00	Information Meeting	Hotel Kladno Transit restaurant
Saturday 13 September 2008			
	07.00-10.00	Breakfast	Hotels Kladno & Galerie (Pack.A)
	08.30-11.00	Training per schedule	Sports Hall
	-09.30	Hand over Competitions cards, Athletes profile	Sports Hall
	10.00	Judges Trial Scoring	Sports Hall
	12.00-13.00	Lunch pack delivery	Sports Hall (Package A)
	11.10-16.40	Qualifying Round	Sports Hall
	17.00-19.45	Opening Ceremony, Finals	Sports Hall
	21.30-02.00	Dinner Party & Disco	Hotel Kladno all restaurants
Sunday 13 September 2008			
	07.00-10.00	Breakfast	Hotels Kladno & Galerie (Pack.A)
	morning	Departures	

### 2. Shuttle Service Schedule (priority for Package A)

The shuttle service between the hotels and Sports Hall will operate on Friday 12 September 2008 and on Saturday 13 September 2008 (departures) :

#### Hotel Kladno - Sports Hall - Hotel Kladno

Fri	Hotel	14.50	15.30	16.10	16.50	17.30	18.10	18.50	19.30	20.10	20.50
	Hall	15.00	15.40	16.20	17.00	17.40	18.20	19.00	19.40	20.20	21.00
Sat	Hotel	08.00	08.30	09.00	09.30	10.00	10.30	11.00	11.30	12.00	
	Hall	08.10	08.40	09.10	09.40	10.10	10.40	11.10	11.40		
	Hall	19.45	20.00	20.15	20.30	20.45					

#### Hotel Galerie - Sports Hall - Hotel Galerie

Fri	Hotel	14.40	15.20	16.00	16.40	17.20	18.00	18.40	19.20	20.00	
	Hall	15.00	15.40	16.20	17.00	17.40	18.20	19.00	19.40	20.20	
Sat	Hotel	08.30	09.10	09.50	10.30	11.30					
	Hall	08.50	09.30	10.10	10.50		20.00	20.40			

#### Hotel Galerie - Hotel Kladno - Hotel Galerie

Fri	Hotel Galerie	20.45		Sat	Hotel Galerie	21.00	21.30		
	Hotel Kladno	22.30			Hotel Kladno			24.00	02.00



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## **36<sup>th</sup> Trampoline Friendship Cup 2008**

# **TRAINING & COMPETITION**

### **1. Training Schedule and General Warm-up**

Friday 12 September 2008

15.00 - 21.00 - free training

Saturday 8 September 2007

08.30 - 09.00 - 34 athletes (11 male S/J + 8 female S/J + 15 Y male/female)

- Sportac Deinze, POL I, POL II, AWF-AZS Poznan, MKS Victoria Jawor

09.00 - 09.30 - 36 athletes (13 male S/J + 10 female S/J + 13 Y male/female)

- R-R Brugge, DEN, NT77, Abbey Flyers, Apollo, Billingham

09.30 - 10.00 - 35 athletes (12 male S/J + 8 female S/J + 15 Y male/female)

- WIK Oostende, SCO, Bassetlaw, Kingston Kites, Southampton, Frivolten, TK Levo

10.00 - 10.30 - 40 athletes (12 male S/J + 13 female S/J + 15 Y male/female)

- De Trampo's, Frankfurt Flyers, Northern Stars, K.D.O. Apeldoorn, AG Santarem

10.30 - 11.00 - 35 athletes (12 male S/J + 11 female S/J + 12 Y male/female)

- AUT, CZE, FRA, HUN

### **2. Competition Schedule**

**Saturday 13 September 2008**

11.10 - 16.40 Qualifying Round

11.10 - 11.55 Individual Junior Girls & Boys & Youth Girls Group No.1

11.55 - 12.40 Individual Junior Girls & Boys & Youth Girls Group No. 2

12.40 - 13.25 Individual Junior Girls & Boys & Youth Girls Group No. 3 & Youth Boys Group No. 1

13.25 - 14.10 Individual Senior Ladies & Men Group No. 1 & Youth Boys Group No. 2

14.10 - 14.55 Individual Senior Men Group No. 2 & Youth Boys Group No. 3

14.55 - 15.30 Synchronised Junior Girls & Junior Boys Group No. 1

15.30 - 16.10 Synchronised Junior Girls & Junior Boys Group No. 2

16.10 - 16.40 Synchronised Senior Ladies & Senior Men Group No. 1

17.00 - 19.45 Finals

17.00 - 17.15 Opening ceremony (2 representatives per team, preferably male & female, track suite)

17.15 - 17.45 Individual Junior Girls & Boys & Youth Girls

17.45 - 18.15 Individual Senior Ladies & Men & Youth Boys

18.15 - 18.45 Synchronised Junior Girls & Boys

18.45 - 19.05 Synchronised Senior Ladies & Men

19.15 - 19.45 Winner ceremony (medalists only, competition attire)

The times can subject to changes according the course of competition. One max. 30 seconds warm-up per competitor / pair prior Qualifying Round and prior the Finals.