



## ***The TRAMPOLINE Newsletter***

**Nr. 13**

By Mr Horst KUNZE, President of the Technical Committee

FIG Office Moutier (SUI), 19-23.07.2007

Dear Friends,

I.

To meet the schedule for the first draft of the new Code of Points 2009-12 the TC has reviewed the Code of Points at its meeting in Moutier 19-23 July 07 and has worked out some essential and some smaller changes. This 1.draft is attached to this Newsletter, asking for comments and corrections where it seems necessary. As we have planned a round table discussion for the delegates taking part at the Quebec World Championships we think earlier information would be welcomed and therefore we list all changes in this document.

### **Essential changes:**

1. At World Championships the qualifying round acts as qualification for the team final and **for a semi-final (of 24 gymnasts, max. 3 per federation)** in the individual events. **No** changes to the qualifying round or the team finals.

a) Trampoline: The 24 gymnasts in the semi-final will perform 1 free voluntary routine (starting from zero) to reach the Final of 8. No changes to the individual final.

b) Tumbling: The 24 gymnasts in the semi-final will perform one free pass (starting from zero) to reach the Final of 8. In the Final they will perform **one** free pass.

c) DMT: The 24 gymnasts in the semi-final will perform one free pass (starting from zero) to reach the Final of 8. In the Final they will perform **one** free pass.

### **2. Trampoline difficulty:**

Single somersaults 0.5 points

Double somersaults 1.0 points

Triple somersaults **1.6** points

Quadruple somersault **2.4** points

0.1 point for pike or straight positions per completed somersault rotation.

0.1 point per each ¼ somersault

0.1 point per each ½ twist rotation

**No** changes for single or double somersaults.

### **3. Tumbling difficulty:**

No value for changes of positions in double or triple somersaults.

#### **Single somersaults**

Front tuck	0	0,5	5
Back tuck	0	0,5	5
Front pike	v0	0,6	5+1
back pike	0v	0,6	5+1
back straight	0/	0,7	5+2
barani	1	0,6	5+1
back half twist tuck	1°	0,6	5+1
back half twist pike	1v	0,7	5+1+1
back half twist straight	1/	0,8	5+1+2
Front full twist (only)	2	0,9	5+2+2



straight)			
back full twist(only straight)	2	0,9	5+2+2
one and half twist(only straight)	3	1	5+2+1+2
double twist(only straight)	4	1,3	5+2+4+2
triple twist(only straight)	6	1,9	5+2+4+6+2

## Double somersaults

Double front tuck	00	20	(5+5x 2)
double back tuck	00	20	(5+5)x2
Double front pike	v00	22	(5+5+1)x2
double back pike	00v	22	(5+5+1)x2
double back straight	00/	24	(5+5+2)x2

## Double somersaults with twist

Half double front tuck	10	22	(5+5+1)x2
half double front pike	10v	24	(5+5+1+1)x2
Double front half pike	v01	24	(5+5+1+1)x2
double back straight half twist	01/	26	(5+5+1+2)x2
Full in back out tuck	20	24	(5+5+2)x2
full in back out pike	20v	26	(5+5+2+1)x2
full in back out straight	20/	28	(5+5+2+2)x2
full in full out tuck	22	30	(5+5+2+4)x2
full in full out straight	22/	36	(5+5+2+4+2)x2
miller tuck	33	44	(5+5+2+4+6)x2
miller straight	33/	48	(5+5+2+4+6+2)x2
double full double full straight	44/	66	(5+5+2+4+6+8+2)x2

## Triple somersaults

triple back tuck	000	45	(5+5+5)x3
triple back pike	000v	51	(5+5+5+2)x3
Half triple front tuck	100	54	(5+5+5+3)x3
half triple front pike	100v	60	(5+5+5+3+2)x3
full back back tuck	100	63	(5+5+5+6)x3
full back back pike	100v	69	(5+5+5+6+2)x3

4. There will be only 1 routine (voluntary) in the qualifying round for **Synchronised Trampoline**.

### Smaller changes:

1. For all disciplines there will be the same deductions for landing faults:

Touching with the hands etc.	0.5 points
Falling or being outside Trampoline, Track, Landing area	1.0 points

2. **DMT – Penalty Zone:** for each touching of the red zone there will be a 0.3 deduction, with exception on the “take off” of the mount.



3. The “crash rule” as per § 17 in the **Guide** of Judging now reads:

## **Termination of the routine / pass**

Landing on both feet means the sole of the feet.

If a gymnast *touches* the bed/track/zone/area with his feet during landing, but never shows a recognisable landing preparation and falls to face, knees, hands and knees, front, or back in the same movement, the element will not be counted. There will be no extra deduction for the fall.

## **II.**

Even **after our last Newsletter** we, the TC, had the feeling that athletes and coaches played some games with the difficulty judges at the last World Cup events. Reviewing several routines both in Ladies and Men’s events, we detected that several skills should have been judged as repetitions. We don’t blame our difficulty judges for that, because, as I said in the last Newsletter, in double layout somersaults the twisting and somersaulting often continues throughout the skill with no recognisable intermediate stop and it is very hard to recognize the early and late phases and the exact number of twists included in the different phases, even for a trained eye. Without instant video replay the decision for the difficulty judges is almost impossible. But we will have the IRCOS video system at the World Championships in Quebec, which allows an instant replay for the difficulty judges and the Superior Jury and a decision without any delay. I myself would be very disappointed, if we would have to call some skills a repetition in this very important event and destroy hopes for a possible qualification to the Olympic Games. All athletes and coaches have still some month to review their routines on video and train and test clearly defined skills.

Let me remind you again on the clarifications in the guide to judging:

## *Guide*

### 4. Twists in different phases of somersaults

• In somersaults of 630°-900° 2 phases are recognised, **early and late**, and these are found by dividing the degrees of rotation by 2.

#### **Example:**

2/1 back somersaults, 720° - 2 phases (**of 360° each**)

According to the existing terminology, **a phase** is the significant and observable/recognisable part of an element, where a gymnast performs some particular task.

The twisting and somersault phases are easy to follow in almost all tuck, puck and pike somersaults.

In double layout somersaults the twisting and somersaulting often continues throughout the skill with no recognisable intermediate stop and it is impossible to recognize the early and late phases and the number of twist included, even for a trained eye.

Therefore all multiple twisting double somersaults in layout position, performed without a recognisable pause in twisting rotation, will be considered as repetitions if used more than once.

For example a “miller” in the straight position done twice or more.



The position problem also occurred in double front somersaults like **full in rudi out straight (8 2 3 /)** and **full in half out straight (821 /)**. It can be done nicely, but often the lay out (as described on the competition card) will start with almost 180° in pike position to get the necessary somersault rotation. These athletes will be in danger that this will be judged as a repetition if they also use skills like 823 < , 821< and/or 805 < , 803 < .

Dear athletes and coaches, we will not stop you trying to win with a higher difficulty over your colleagues, but this should be done within our rules, which means, with different skills as described in our Code and Guide and not with repetitions of elements.

I wish you all will have a good preparation for our top event of this year, the World Championships in Quebec/CAN, free of injuries and enjoying our wonderful sport!

Best Regards

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